

Registration Form

Please make your check payable to Adelphi University.

Check enclosed \$8 for Parent and Community Evening program with T. Berry Brazelton, M.D.

To make reservations for free childcare at the evening event, call Director Marcy Safyer at (516) 877-3060. Doors open at 6:30 p.m.

Please make your child care reservations as soon as possible to guarantee that there will be room available for your child.

Check enclosed \$130 for full-day Professional Development seminar with T. Berry Brazelton, M.D., and Joshua Sparrow, M.D. (\$115 before September 10, 2007)

Register me. Employer paying fee; letter attached. Full-day Professional Development seminar with T. Berry Brazelton, M.D., and Joshua Sparrow, M.D.

If your employer is paying the fee and you cannot send the payment with your registration form, please include a letter guaranteeing payment. Payment must be received by day of the conference.

Please remember to enclose your check when submitting form.

Name _____

Address _____

City, State, ZIP _____

Email _____

Telephone: Home _____ Agency _____

Mail form and check to:

Adelphi University
Marcy Safyer, LCSW
Institute for Parenting
One South Avenue
P.O. Box 701
Garden City, NY 11530-0701

CE Credits Applying for:

- | | |
|--|---|
| <input type="checkbox"/> ASHA | <input type="checkbox"/> Nursing |
| <input type="checkbox"/> CASAC | <input type="checkbox"/> OCFS |
| <input type="checkbox"/> Education | <input type="checkbox"/> Psychology |
| <input type="checkbox"/> CAT. 1 CME's | <input type="checkbox"/> Social Work |
| <input type="checkbox"/> Not Applying for Credit | <input type="checkbox"/> Other, please specify: _____ |

Books will be on sale for book signing.

Online Registration <http://www.adelphi.edu/parentinginstitute>

Confirmations: No confirmations will be issued due to the high volume of registrations.

Cancellation Policy: No refund can be made for cancellation five or fewer days before the event.

For more information, contact Director Marcy Safyer at (516) 877-3060 or email msafyer@adelphi.edu

Should you require disability
seven days' notice is required.

AU ADELPHI
UNIVERSITY
INSTITUTE FOR PARENTING
ONE SOUTH AVENUE
P.O. BOX 701
GARDEN CITY, NY 11530-0701

ADELPHI UNIVERSITY Institute for Parenting

Welcomes

DR. T. BERRY BRAZELTON: NOTED PEDIATRICIAN AND AUTHOR

Presenting

**A Parent and Community Evening with Q and A Session
Stresses and Supports for Today's Families**

October 18, 2007, 7:00 p.m.–8:30 p.m. (Doors open at 6:30 p.m.)

** Free child care with reservations



CATEGORY 1 CME's
Offered by
WINTHROP
UNIVERSITY HOSPITAL

A Professional Seminar to Celebrate Families and Children

Touchpoints in Development: A Model for Early Intervention

T. Berry Brazelton, M.D.

Emotional Competence in Infants and Young Children

Joshua Sparrow, M.D.

October 19, 2007, 9:15 a.m.–4:00 p.m. (Registration begins at 8:00 a.m.)

Adelphi University

Ruth S. Harley University Center, Second Floor

Adelphi University
**Institute for
Parenting**

The Institute for Parenting

Welcome to the Institute for Parenting, an interdisciplinary center that was established to help ensure the health and well-being of children by supporting and facilitating the capacity of their parents to provide nurturing, healthy, and developmentally appropriate environments. The Institute for Parenting provides parents, educators, service providers, and students with training, education, and research within a culturally sensitive framework.

Who Should Attend

Early childhood educators, child-care providers, pediatricians, psychiatrists, social workers, nurses, speech and language pathologists, psychologists, obstetricians, family therapists, school counselors, child life specialists, educators, students, and others who professionally impact the lives of families and children.

Touchpoints In Development: A Model For Early Intervention

Dr. Brazelton's concept of "touchpoints" represents opportunities for clinicians to help parents and children through difficult and predictable phases of development. As a child approaches a spurt, he or she often experiences periods of frustration and disintegration or regression. This is likely to be an anxiety-laden time for parents. If parents understand the underlying reason for their infant's regressive behavior, they can support and comfort their frustrated child rather than be baffled by him or her. Since there is a predictable map in each developmental line, clinicians can join with parents in their struggle to understand by sharing with parents the concept of the next spurt, how powerful it is, how critical it is, and why it leads to a child's unwanted behavior. Each biobehavioral shift or "touchpoint," which occurs just before a new spurt in development, becomes a powerful opportunity for entering into the system of the parent and infant. In addition, with delayed children, developmental growth spurts become opportunities for hope and confirmation for parents. There are six of these in the first year, four in each subsequent year. Using the child's behavior as the language between parents and therapist is a powerful way to communicate.

T. Berry Brazelton, M.D.

Dr. Brazelton graduated in 1943 from Columbia University College of Physicians and Surgeons in New York City. He served his residency at Boston's Massachusetts General Hospital before pursuing pediatric training at Children's Hospital Boston. His interest in child development led to training child psychiatrists at Massachusetts General Hospital and James Jackson Putnam Children's Center. He subsequently served as a Fellow at the Center for Cognitive Studies at Harvard University. There, the process of integrating his dual interests—primary care pediatrics and child psychiatry—culminated in 1972 when he established the Child Development Unit, a pediatric training and research center at Children's Hospital Boston. To further his work, the Brazelton Touchpoints Center (BTC) at Children's Hospital Boston was founded in 1993 to mobilize communities around children and families.

Over the years, Dr. Brazelton has published more than 200 scientific papers and chapters. He is the author of numerous books on children and child rearing. Dr. Brazelton's titles include: *The Incredible Needs of Children, Infants, and Mothers*; *Touchpoints: Your Child's Emotional and Behavioral Development*; and *Touchpoints: Three to Six*. Dr. Brazelton's television show, *What Every Baby Knows*, ran for 12 years and won two Emmy Awards. His Neonatal Behavior Assessment Scale (NBAS) is used worldwide, clinically and in research to assess newborn physical health and emotional well-being. In addition to his academic appointments at Harvard Medical School and Brown University, Dr. Brazelton continues his clinical, teaching, and research activities at Children's Hospital Boston.

Infant and Toddler Emotional Competence: The Basis for Learning from the Beginning of Life

Using videotapes and slides, the characteristic features of emotional competence in infants and young children will be illustrated and the factors affecting the development of this competence will be discussed. Emotional competence at all ages is indexed by a child's ability to express and control a wide range of emotions in order to achieve their goals of communicating with people and acting on objects and ideas. From the beginning of life, parents and professional caregivers can support the efforts of infants and young children to master the challenges of self-regulation, sensory processing, and social interaction—understanding themselves and others. These most basic building blocks for successful learning can only be constructed within the context of children's relationships.

Brain research over the past 30 years has called attention to the unique opportunities and critical responsibilities for the care and education of young children. We now recognize the central importance of human interaction for the developing brain. Research on emotional development (Brazelton, Emde, Linnert, Stern, Tronick, Weinberg, and others) demonstrates the early opportunities for learning in human interaction, as well as the emotional basis for learning from the beginning of life. State regulation, sensory threshold, face-to-face interactions and the model of mutual regulation, social referencing, symbolic thinking, and theory of mind are among the concepts that organize our current understanding of the role of human interaction in early emotional development, and, in turn, of early emotional development as the underpinning for social and cognitive development.

Joshua Sparrow, M.D.

Dr. Sparrow is an assistant professor of psychiatry at the Harvard Medical School, director of special initiatives at the Brazelton Touchpoints Center, and supervisor for outpatient psychiatry services at Children's Hospital Boston. He is a board-certified child, adolescent, and general psychiatrist. Prior to his medical training, Dr. Sparrow worked for several years as a preschool teacher and journalist in New Times Syndicate column, "Families Today." Dr. Sparrow's work with the Brazelton Touchpoints Center has included consultation on child development and parenting to the Harlem Children's Zone and to American Indian Early Head Start Programs. He has also consulted to parents and schools in New York City in response to the September 11 disaster. In addition, he has served as consultant to the Discovery Channel's *Ready, Set, Learn* children's television series and the Fox Family television show *Brazelton on Parenting*.

Program October 19, 2007

8:00 a.m.–9:15 a.m.
9:15 a.m.

Registration and Continental Breakfast
Welcome: Marcy Safyer, Director, Institute for Parenting
Introduction: Robert A. Scott, President, Adelphi University

9:30 a.m.–11:00 a.m.

T. Berry Brazelton, M.D.
Touchpoints in Development: A Model for Early Intervention

11:00 a.m.

Q-and-A Session: Drs. Brazelton and Sparrow

11:30 a.m.–12:00 noon

Book Signing: Drs. Brazelton and Sparrow

12:00 noon–1:15 p.m.

Lunch

1:30 p.m.–3:00 p.m.

Joshua Sparrow, M.D.
Infant and Toddler Emotional Competence: The Basis for Learning from the Beginning of Life

3:00 p.m.

Q-and-A Session: Drs. Brazelton and Sparrow

3:30 p.m.–4:00 p.m.

Book Signing: Drs. Brazelton and Sparrow

Credentialing Information and Continuing Education

All information has been submitted for approval.

Social Work CEUs (4): Are given through the New York State Chapter of the NASW.

CASAC training hours (4): Program information has been submitted for approval to the New York State Office of Addiction and Substance Abuse Services Education and Training for credits toward earning or recredentialing.

Psychology CE credits (4): Adelphi University is approved by the American Psychological Association to offer continuing education credits for psychologists. Adelphi maintains responsibility for the program and its content. To apply for CE credits, contact Marge Burgard at (516) 877-4835 and present your Certificate of Attendance. There is a \$10 processing charge. Attendance at the entire conference is required; no partial credit is given.

Nursing contact hours (4): Adelphi University School of Nursing is an approved provider of continuing nursing education by the New York State Nurses Association's Council on Continuing Education in Nursing by the American Nurses Credential Center's Commission on Accreditation.

Education hours/credit: May be received at the discretion of your school.

Category 1 CME credits (4): Winthrop-University Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Winthrop-University Hospital designates this Continuing Medical Education activity for up to 4 credit hours in Category I credit toward the AMA Physicians' Recognition Award. Each physician should claim only those hours of credit that he/she actually spent in the educational activity.

*Winthrop-University Hospital relies upon planners and instructors in its CME programs to provide education information that is objective and as free of bias as possible. In this spirit, and in accordance with the guidelines of the program sponsor, participants are expected to indicate any commercial relationship that may be perceived as a real or apparent conflict of interest.

ASHA CEUs (0.4): Adelphi University is approved by the Continuing Education Board of the American Speech-Language-Hearing Association to provide continuing education activities in speech-language pathology and audiology. This program is offered for 0.4 CEUs at the intermediate-level professional area. ASHA CE provider approval does not imply endorsement of course content, specific products, or clinical procedures.

EIP Scholarship funding to participate in this training may be available through the Educational Incentive Program (EIP). For more information, visit www.tsg.suny.edu. You may also contact EIP at eip@tsg.suny.edu or 800-295-9616.

Continuing Education Certificates: Certificate of Attendance will be issued at the end of the conference.

For directions to the Garden City campus, visit <http://www.adelphi.edu/visitors/directions.php>

